



EAP EMPLOYEE ASSISTANCE PROGRAM

Understanding your Employee Assistance Plan (EAP)

Your employer values your mental health and has provided the EAP as a benefit. It provides prepaid counseling sessions. Bowen Center has 11 locations to serve you and your family. You may choose to receive services at any Bowen Center location.

Coverage for a Variety of Situations

The EAP provides prepaid counseling to each employee. Many employees apply their EAP sessions towards individual counseling. However, you may also use EAP sessions towards couples counseling, family counseling or group treatment.

Coverage for Your Family

If you have a legally married spouse, they are provided prepaid EAP counseling sessions. Any child that is your legal dependent or covered under your medical benefit has access to prepaid EAP counseling.

No Preauthorization or Co-pay is Required

Your reasons for seeking assistance through the EAP program may be related to work or not. There is no preauthorization or co-pay required for accessing your EAP benefit.

Setting up your EAP sessions

Simply call Registration & Scheduling at **1.800.342.5653**. You or the eligible family member should inform the scheduling staff of the Bowen Center EAP coverage provided by **(Employer Name)** NOTE: A Registration & Scheduling representative will gather your insurance information in advance to make sure you are paired with a properly insured provider *if you choose to continue beyond EAP coverage*. You are under no obligation to continue beyond EAP coverage.

Private and Confidential Access to Care

Participation in the program is private and confidential Your employer is not informed of your participation in the EAP program without your expressed written consent.

Exclusions to Coverage

Medication management & psychiatric services, psychological testing, inpatient care & any court-ordered treatment are excluded from EAP coverage.

Have more questions? Any issues accessing your benefit?

Your employer has a designated **Bowen Center EAP Specialist** to speak with employees to maintain your privacy and confidentiality in seeking care. Questions about billing, eligibility or other questions can be directed to your EAP representative by calling **1.800.342.5653**.

Locations

Albion

Angola

Auburn

Columbia City

Fort Wayne

Huntington

Plymouth

LaGrange

Syracuse

Wabash

Warsaw